

**Functional Family Therapy (FFT) for Adolescents with Antisocial Behaviours: Impacts  
on Mental Health Issues, Family Functioning and Recidivism**

Debra Delaney (B Soc Sc (Hons))

This thesis is presented in partial fulfilment of the requirements for the degree of Master of  
Clinical Psychology, School of Psychological Sciences, University of Newcastle, Australia.

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## **Declarations**

### Statement of Originality

This thesis contains no material which has been accepted for the award of any other degree or diploma in any university or other tertiary institution and, to the best of my knowledge and belief, contains no material previously published or written by another person, except where due reference has been made in the text. I give consent to the final version of my thesis being made available worldwide when deposited in the University library, subject to the provisions of the Copyright Act 1968.

### Acknowledgement of Collaboration

I hereby certify that the work embodied in this thesis contains a scholarly work of which I am a joint author, along with Jessica Birchall (Librarian), Dr Renate Thienel (Masters of Clinical Psychology research student) and Dr Tanya Hanstock (Supervisor). I contributed to the development of the research question, identifying relevant publications, assessing study quality, summarising the evidence, interpreting the findings, and writing the thesis. I have compiled this thesis as part requirement of a Master of Clinical Psychology and as such have taken the lead in writing of the initial and final versions of the thesis.

### Acknowledgement of Authorship

I hereby certify that the work embodied in this thesis contains scholarly work of which I am a joint author. I have included as part of the thesis a written statement, endorsed by my supervisor, attesting to my contribution to the scholarly work. I wrote the thesis manuscript, and co-author Dr Tanya Hanstock provided feedback and editing.

Debra Delaney (Research Student)

Date: 19.10.2023

Dr Tanya Hanstock (Primary Supervisor)

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## Formatting Style Used for this Thesis

This thesis is formatted according to the American Psychological Association (APA) Seventh Edition. This is in accordance with the instructions to authors for the Journal of Family Psychology (Appendix A).